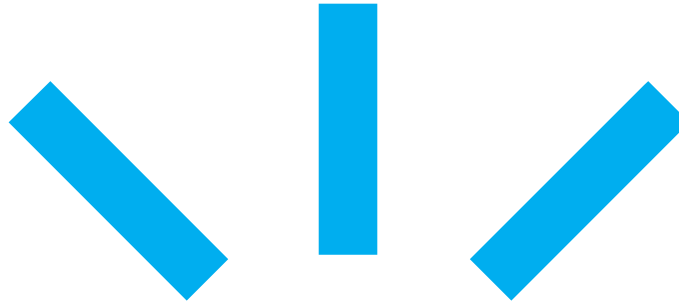


Leveraging self-regulated learning theory to evidence-based AI in education

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What is SRL and SSRL?
What are we doing with AI in our research?
How can AI help learners?

Learners can monitor and regulate their learning

“experimenting with your learning”



Metacognition

Learners transform their mental abilities into skills and competences

Järvelä, S., Hadwin, A.F., Malmberg, J. & Miller, M. (2018). Contemporary Perspectives of Regulated Learning in Collaboration. In F. Fischer, C.E. Hmelo-Silver, Reimann, P. & S. R. Goldman (Eds.). *Handbook of the Learning Sciences*. Taylor & Francis.



Learning is a complex process



Järvelä, S., Malmberg, J., Sobocinski, M., & Kirschner, P. (2021). Metacognition in collaborative learning. In U. Cress, A. Wise, C. Rosé, & J. Oshima (Eds.), *International handbook of computer supported collaborative learning* (pp. 281–294). Springer

An overhead view of four people sitting on a red patterned blanket on a green lawn. A man in a blue sweater is on the left, a man in a blue and white checkered shirt is in the center, and a man in a dark blue hoodie is on the right holding a tablet. A woman with long brown hair is in the foreground, looking at a laptop. A black bag and a blue polka-dot bag are on the grass.

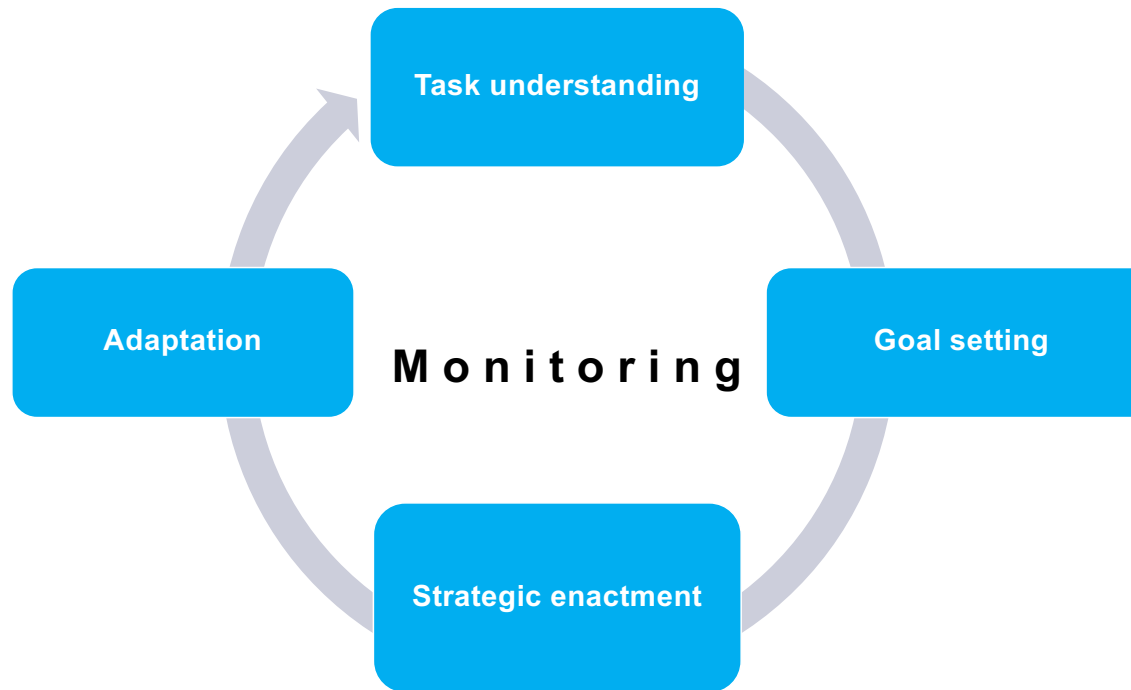
What is
critical for
learning
success in
21st century?

**A new set of uniquely human skills and competencies
that machines cannot match or replicate**



What is self-regulated learning?

(e.g. Winne & Hadwin, 1998; Zimmerman 2000)



SRL is an ability to be **strategic and make adaptive changes** in terms of cognition, motivation and emotions in challenging learning situations



SRL learners are active and proactive learners = they succeed in their learning

SRL is an adaptive process that you develop and refine over time





Socially shared regulation (SSRL)

involves groups taking metacognitive control of the task together through negotiated, iterative fine-tuning of cognitive, behavioral, motivational, and emotional conditions/states as needed

Hadwin, A. F., Järvelä, S., & Miller, M. (2018). Self-regulation, co-regulation and shared regulation in collaborative learning environments. In D. Schunk, & J. Greene (Eds.), *Handbook of Self-Regulation of Learning and Performance*

SRL process multimodal data



360-degree
video capture +
audio



Mobile
eye tracking



Multisensor devices
that track student
physiological activation



Logdata, situated
questionnaires,
evaluation forms,
student products



Progress in our SSRL empirical research

**When, how
and what
makes
regulation in
collaborative
learning
functional?**



**Evidence
SSRL**
(Järvelä &
Hadwin,
2014)



**SRL,coRL &
SSRL in CL**
(Järvenoja et
al.,2014)

**Patterns and
sequences**
(Malmberg, et al., 2014;
Sobocinski et al, 2016)

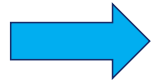
**Testing and
evidencing
modalities**
(Haataja et al., 2020;
Järvelä et al., 2021;
Törmänen et al., 2020)



**Understanding
“sharing”**
(Pijera-Diaz et al., 2018;
Dindar et al., 2021)



**Modelling and
predicting SSRL**
(Nguyen et al., 2021; 2022
Vuorenmaa et al., 2022)



cf. Azevedo & Gasevic, 2019; Bakhtiar et al., 2018; Hadwin et al., Fan et al., 2022; Lajoie et al., 2020; Lobczowski, 2021; Molenaar et al. 2022; Sonnenberg & Bannert, 2019



What are we (should be) doing with AI?

“By 2025, the world will spend \$7.3T on education and training, and yet just over 5% of that will be spent on digital.”

Maria Spies, HolonIQ

There is often **no evidence** to support decisions about which products to purchase, implement, or scale.



“Machines will be capable in 20 years
to do all what humans can do.”

Herbert Simon, 1952



Tools and technologies have always augmented humans.
Now it is data.

The data are useful in education, only when it is analysed
through the learning scientist lenses.



What are we doing @

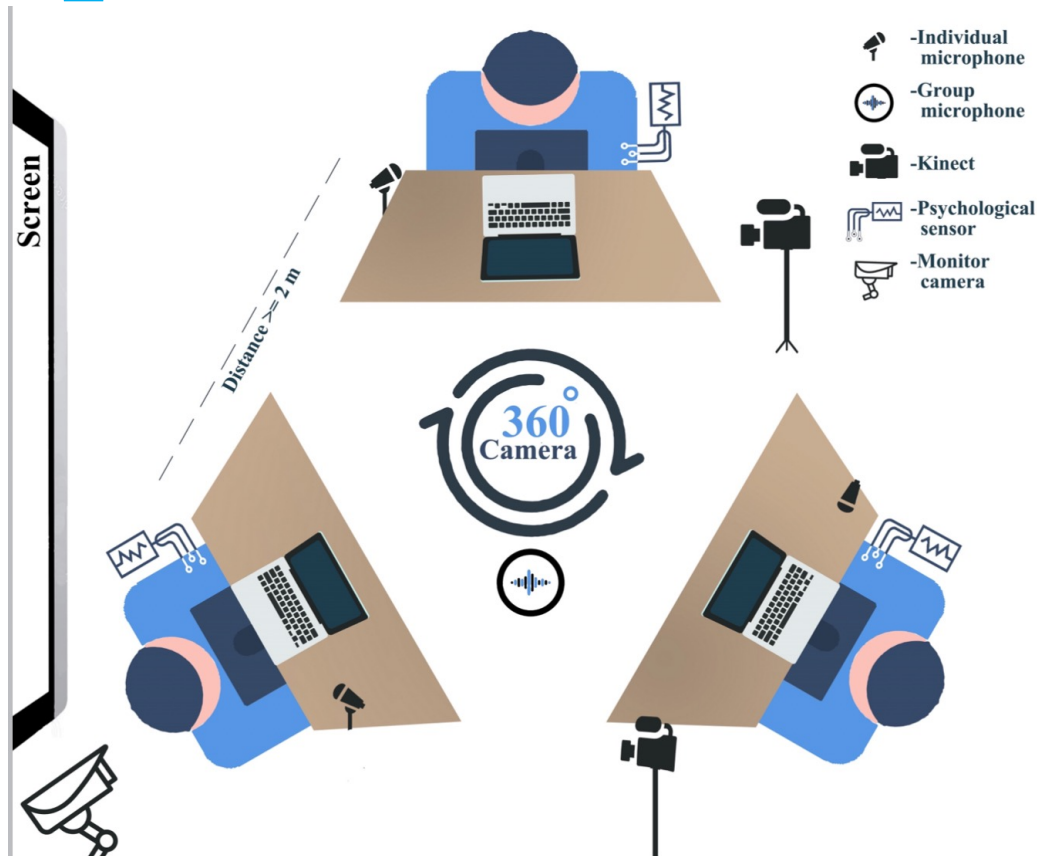


1. Use data to understand SSRL
2. Use AI to make data meaningful for us
3. Help learners and AI to collaborate
4. Augment learners to be more adaptive self-regulated learners

Translate AI to SSRL for evidence based educational technology



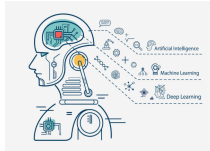
Collaborative learning multimodal data



Li, Y., Liu, Y., Nguyen, A., Shi, H., Vuorenmaa, E., Järvelä, S., & Zhao, G. (2022). *Exploring interactions of regulation in collaborative learning: A multimodal dataset*. In International Conference on Multimodal Interaction (ICMI).



AI augmenting socially shared regulation in collaborative learning



Multimodal Deep Learning



Speech Audio

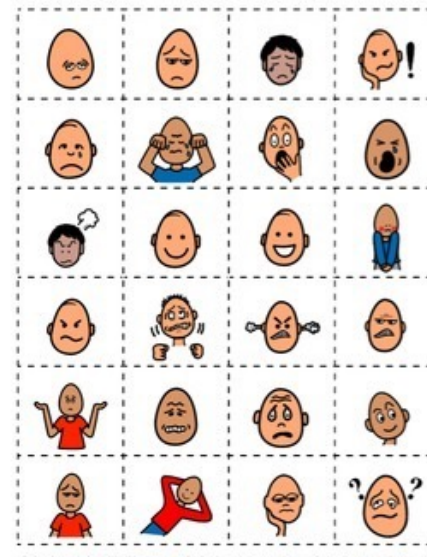


Video



Physiological Signals

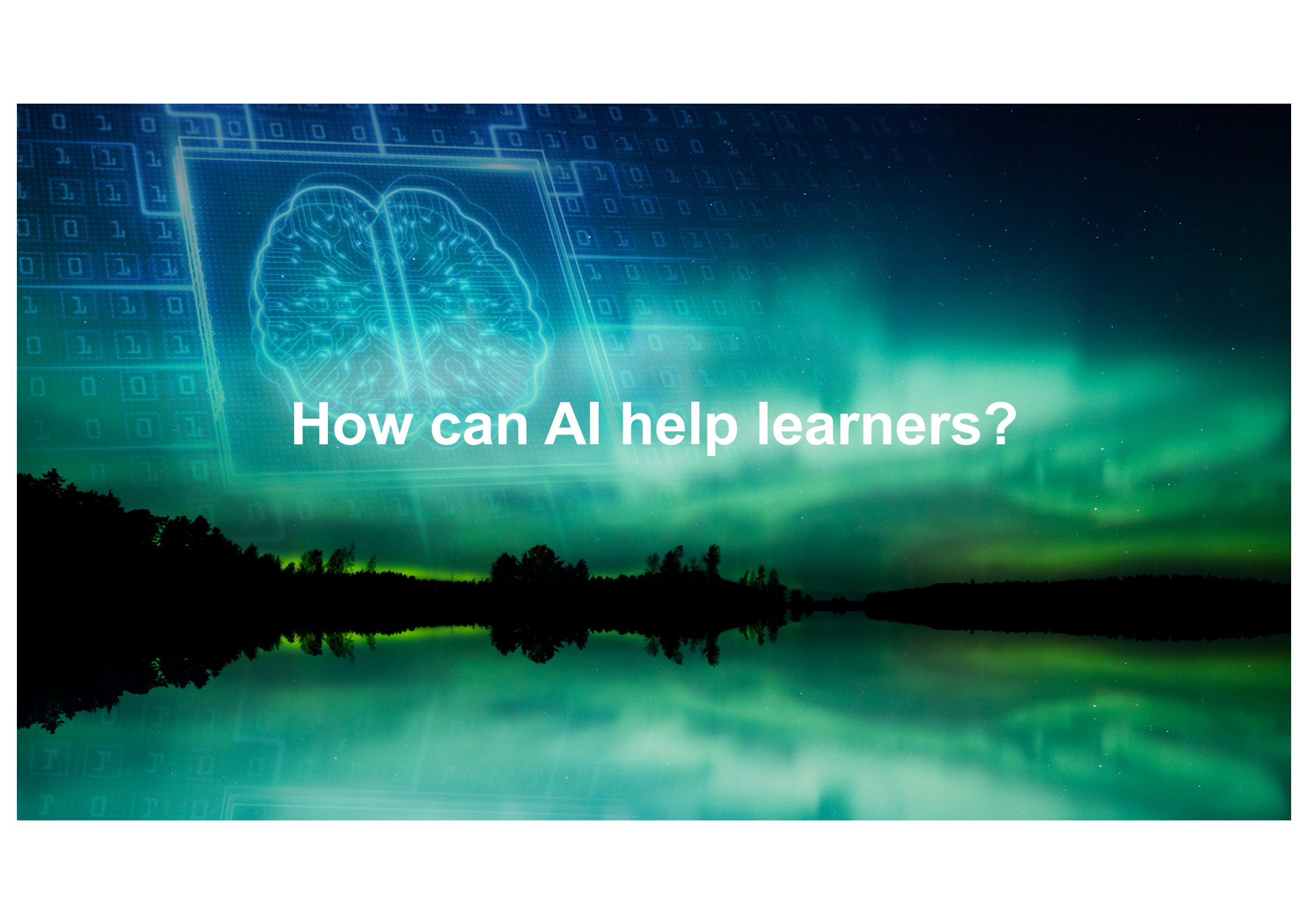
Visual Cues



Collaborative learning success



Nguyen, A., Järvelä, S., Wang, Y., & Róse, C. (2022). Exploring Socially Shared Regulation with an AI Deep Learning Approach Using Multimodal Data. In *Proceedings of International Conferences of Learning Sciences (ICLS)*.



How can AI help learners?



Practical su provide learners

Online e
& retros
S-



Järvelä, S., Kirschner, P. A., & van der Stoep, F. (2013). Understanding and promoting Socially Shared Regulation in Collaborative Learning. *Learning and Development*, 63, 1, 125-142.



SCL
itive

Järvenoja, H., Malmberg, J., Törmänen, T., Mänty, K., Haataja, E., Ahola, S. & Järvelä, S. (2019). A collaborative learning model for promoting and analyzing adaptive motivation and emotion regulation science classroom.

Data in teaching, learning and education

A fact. Learning is contextualized in the lived experiences.



Who or what does the modelling – learner of a system?

Can we create AI agent to collaborate with learners, feel and meta-reason?



Conclusions

A photograph of three people standing in a snowy, wooded landscape. A man on the left wears a red cap and sunglasses. A woman in the center wears a yellow beanie and points upwards. A woman on the right wears a grey beanie. The scene is overlaid with various digital graphics: a large green 'GenZ' text, a profile icon, progress bars (75%, 59%), a bar chart, and several data tables. The background shows snow-covered trees and a clear blue sky.

GenZ

**STRENGTHENING
HUMAN CAPABILITIES!**

**Generation Z and beyond: Co-evolution of
human capabilities and intelligent
technologies in the 21st century**



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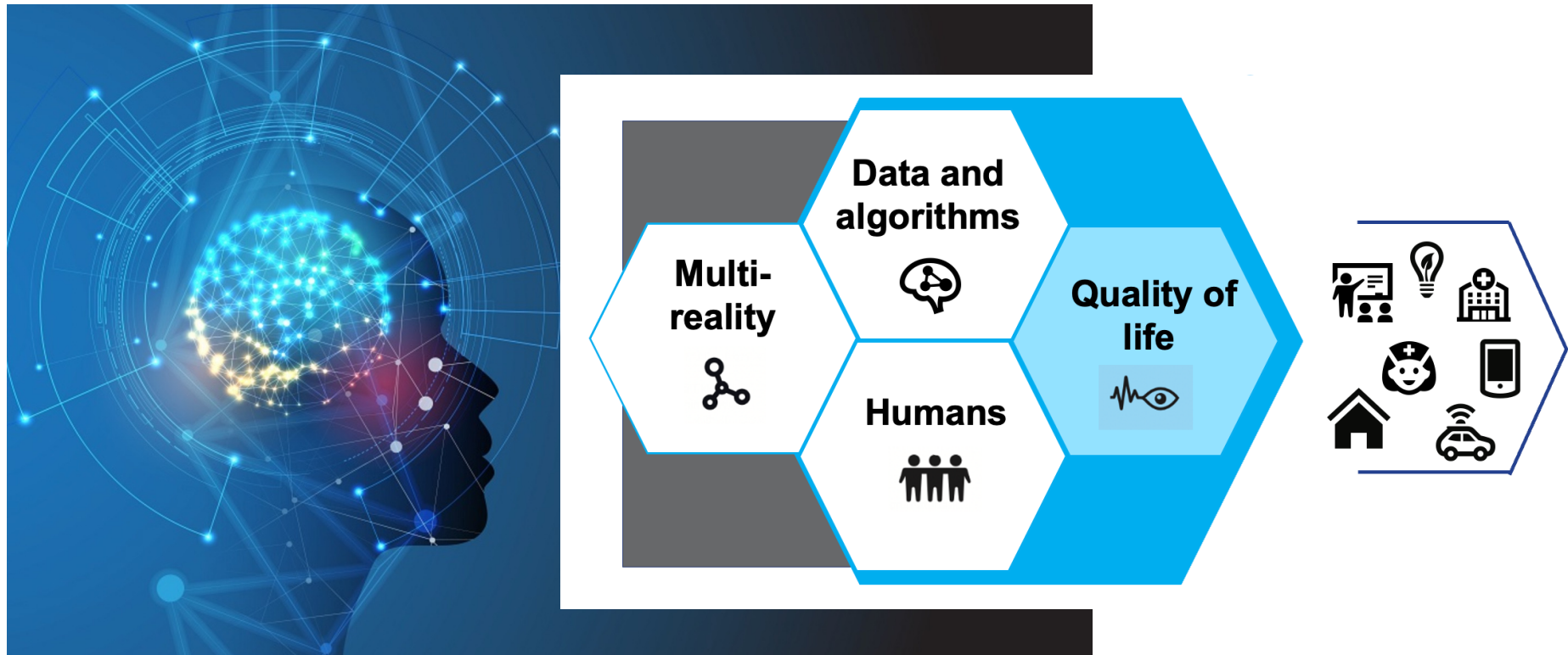


ACADEMY OF FINLAND



HYBRID INTELLIGENCE

Human-AI co-evolution and learning in multi-realities



AI and Human reinforce each other in ethical, responsible and productive ways



To equip especially younger learners to learn,
live, and work in the age of AI



CELLA aims

Design and implement AI-driven systems for supporting learners to improve their self-regulated learning skills

Develop and test practices and design principles that boost agency of learners while working with AI

To equip K-12 learners to learn, live, and work in the age of AI

Inform policy making about the application of AI in education and practices that effectively promote successful academic and workforce development



Centre for Learning and Living with AI



AI and adaptive systems
help learners to be
metacognitively aware,
because *we want
learners to learn to
be adaptive*

Järvelä, S., Malmberg, J., Haataja, E., Sobosincki, M., & Kirschner, P.
(2021). What multimodal data can tell us about the self-regulated learning
process? *Learning and Instruction*, 72



GenZ
STRENGTHENING
HUMAN CAPABILITIES!



Thank You

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@LET_Oulu

